The Lover R.E.T.U.R.N. System

How To Get Your Ex Back

by Annalyn Caras

http://www.WinBackLove.com

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Introducing Win Back Love

I've detailed the entire Lover R.E.T.U.R.N. System in my popular ebook, **Win Back Love.**

Here is some of what you'll discover in **Win Back Love**….

- **How to stop making the mistakes that are driving your ex away from you (and you may not even realize it).**

- Get your ex to do whatever you want them to do without uttering a single word. This is one of the biggest relationship secrets around! (Chapter 16)

- **Discover how to make your ex think about you constantly while you are apart.**

- How to reverse the roles so that you are the "rejecter" and your ex is the "rejected."

- **The 7 *critical* Do's and Don'ts that are critical in getting your ex back.**

- How to get your ex to initiate contact with **you**!

- **Discover how to infuse energy and intimacy into your new relationship and be closer than ever before.**

- The one thing we instinctively fail to do that hurts ourselves more than our ex. (Ch. 4.)

- **How to create and maintain a mystery about you that pulls your beloved to you like a magnet. This strategy works and instantly creates an attraction to you, which is critical to your reconciliation.**

- Get through your breakup with your heart intact.

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- **What to do if you run into your ex while one of you is on a date!**

- How to drive your ex back to you no matter what the circumstances are.

- **Set in motion an action plan which takes advantage of your strengths and improves your weaknesses.**

- How your friends can work to your advantage or disadvantage. Knowing this one fact can eliminate problems before they happen. Discover how your friends can help you get back with your ex!

- **How to get your ex to appreciate you, without saying a word! (Chapter 15)**

- How to truly heal and ensure harmony in all your relationships.

- **Exactly what you should do and say during public encounters.**

How To Get Your Ex Back

Do you want to get your ex back? Believe it or not, it's not that hard to do. Not if you know what to do, and just as importantly, what *not* to do.

So it would be irresponsible for me to suggest my ideas and methods work 100% of the time. But I can tell you what worked for me and many others (by the way if you do buy Win Back Love and you aren't back together with your ex within 8 weeks, just let me know and I'll give you a full 100% refund, no questions asked).

Why am I so confident that getting back together IS a possibility. Probably because I've been down that road, and I guess you could say I know "the rules" now.

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You see, as humans, we have tendencies. For every action we take in a relationship, there is a common reaction by our beloved, and vice-versa. For every behavior we exhibit, there is a common counter-behavior exhibited by our ex.

Once you know the pattern of human emotion, and how we act and react on these emotions, you can begin to understand your relationship on a much better level. You can see things before they happen, which is a HUGE advantage. You can avoid trouble before it happens. And if you're too late and there is trouble in your relationship, you can resolve any problems almost effortlessly.

How I Got *My* Ex Back

Some years ago, my good friend Kim showed me how all of this works. Sean, my fiancé at the time, told me he had been seeing another woman and he ended our engagement. Kim taught me now only how to get him back, but to have *him pleading with me* to take him back. And that's just how it happened (more on that in a moment!)

Kim taught me so much about relationship behavior and how to use it to your advantage. Mind you, we're not talking about using trickery or manipulation here, although it's so easy it almost feels like it. She taught me a simple, yet highly effective system to get him back, all of which is based on common human behavior and sound relationship principles.

At first I had my doubts, but as I saw the process unfold, I knew it was going to work. It lifted a huge weight off of my shoulders to know that I would be getting my ex back.

After a short time, Sean did break up with this other woman, and literally begged me to take him back. But you know, I had learned so much about myself during this whole process that I knew I didn't want to go down that road again.

To make a long story short, I've used this method again and again over the years. Before I got married to my husband Mark, I used this system for my own relationships. And I've been fortunate enough to help many other couples reunite as well. I've tweaked it here and there and perfected it over time. I've even given it a name – The Lover R.E.T.U.R.N. System.

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What Is The Lover R.E.T.U.R.N. System?

Simply put, the Lover R.E.T.U.R.N. System is a simple, step-by-step blueprint to easily bring back the love of your life.

This is a **potent 6-step system** designed to take you from break up to makeup.

And I wanted to make it as **easy as possible**, so I outline:

1. What to do.

2. When to do it.

3. How to do it in a way that works.

Here's a quick overview of the system. However, I caution you not to do the things mentioned in the overview just yet. *It's important to do things the right way, to maximize the effectiveness.*

Step 1 - Resist…

...As in resist making mistakes. Before we go any further we need to stop the bleeding by stop making the relationships that sabotage any chances of getting back together.

If you're reading this then you've probably already subscribed to The Biggest Breakup Mistakes, my free 10-part mini ecourse. If you would like to subscribe, you can do so at **Win Back Love**.

All that we do going forward will be for nothing if we continue to make crucial mistakes.

I won't go into detail here on all the mistakes, but if you've made them, they will kill your relationship if you don't correct them.

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Step 2 - End

Put an end to the relationship dynamic as it currently stands. In order to reunite with your beloved, the dynamic *must* change.

In other words, the environment your relationship is in right now likely isn't conducive to reconciliation with your ex.

Imagine the moment in time where you and your ex are getting back together. Typically when people get back together, there are hugs, kisses, perhaps even lovemaking. There may be tears. It's a very loving time.

Now think of where your relationship stands currently. Is the environment similar to that from the previous paragraph? Is there contention in your relationship? Mistrust? Is your ex seeing someone new? Are you and your ex on speaking terms?

Step 2 is designed to begin the change the dynamic of your relationship to create an environment where loving can occur again. ***This must happen*** in order for you to get back together with your sweetheart. .

Step 2 also introduces a concept designed to get your love to think of you consistently, even when you are not around.

Step 3 - Thrive

Step 3 is all about you. Specifically, it's about you thriving.

This is my favorite step because it's where you solve a lot of problems!

Do you think of your ex constantly? Do you feel anxiety wondering if you and your ex will ever get back together?

Step 2 alleviates those concerns. You'll begin to feel peace within yourself. You'll gain a quiet confidence in yourself and in your relationship with your ex as you see this plan unfolding.

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This step is designed to make you feel your best while turning up the heat on your ex. Just be careful - you may like it so much you change your mind about getting back together!

Step 4 – Unveil

This is the payoff step! Everything you've done up until this point pays off here.

Among the exciting things unveiled in this step…

1. How to get your ex to contact you!
2. The Secret Broadcast Technique
3. The Face Saver Technique
4. The best ways to contact your ex
5. The secrets of contact which keep you headed towards getting back together.
6. The easy way to go from "I" to "We"
7. The Me First Technique
8. The Re-Attractor Technique

I'll even show you how to get your beloved to do what you want them to do without you having to say a word!

Step 5 – Reunite!!!!!

This is everyone's favorite step, for obvious reasons.

Step 5 reveals not only how to reunite, but how to do so in a way that resolves previous problems.

You want to avoid a "breakup cycle" right? It would be terrible to go through another breakup. So it's crucial that you take a few simple steps to make sure you do not breakup again.

In fact, your goal shouldn't be merely to get back together. **Win Back Love** goes beyond getting back together, to make sure your relationship is on solid ground - much better than it ever was before.

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Step 6 – Nurture…

…As in nurture your relationship.

It would be real easy to quit at Step 5, now that you have your lost love back. But I really encourage you to read and commit to this step, as it will pay dividends for years to come.

You will strengthen the bond with your soul mate so that it cannot be broken. No longer will you feel like you are the only one giving to the relationship. You will give and receive equally. This is the close, harmonious, and rewarding relationship you've always dreamed of.

Here's more of what you'll discover…

- **How To Get your ex to initiate contact with you. This can be the first step towards getting your ex back.**

- 10 ways to re-attract your lover (Chapter 18)

- **How to successfully take your relationship from breakup to makeup so you can get back with your ex and share a beautiful, rewarding relationship.**

- How to easily work out problems to ensure that your "new" relationship with your true love will not be derailed by previous problems.

- **How to stop continuously thinking and obsessing about your lost love?**

- **13 ways** to ensure your new relationship not only survives but enriches your lives and is beneficial to you both.

- The **one** absolutely crucial thing you must do every year to ensure a healthy relationship. This amazing strategy was revealed to me by a woman who was married for over 40 years!

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A simple, yet powerful, 6-Step Strategy to get your ex back. You can win back your true love in 21 days or less.

Much, much, more!! In all, **Win Back Love** in over 100 information-packed pages of ideas, principles, and strategies to help you get your lover back!

Conclusion:

Winning back your love doesn't have to be a hard thing. In fact, this may be hard to believe at the moment, but the whole process can actually be *extremely rewarding*, for you and for your ex. And you'll both continue to reap rewards for years as you share a wonderful, exciting, healthy and strong relationship!

It has happened for my husband and I, and for countless other couples all over the world. I truly hope you and your beloved are the next couple to get back together and enjoy a happy life together.

Few things in life bring as much joy, and are as rewarding, as spending the rest of your life with the one you **truly love**. So don't throw away valuable time which actually makes it harder to get your ex back. Act now by clicking on the link below to Win Back Love.

Grab Your Copy Of Win Back Love Now

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